Welcome to our Careers Service 2022





ADAM MICKIEWICZ University in Poznań

Careers Service

Our mission

The Careers Service at Adam Mickiewicz University was set up in 1997 to:

- help students and graduates in planning careers appropriate to their aspirations and qualifications,
- stimulate their activity in seeking a satisfying employment.



History

- AMU Careers Service was established in July 1997 at the initiative of the University President and the Provincial Labour Office,
- an independent organizational unit,
- modelled on British Careers Services,
- one of the first three academic Careers Services in Poland.







manager

administration specialist

4 career counsellors (2 half-time)

referent (half time)



Functions

- **Counselling service** offering advice and assistance to students and graduates in choosing their career path.
- Information center: about job market, preferences and requirements of employers, about knowledge and skills required from students and graduates, valuable events.
- Job offers center: jobs, internships and volunteering.
- Cooperation center:
 - companies/employers,
 - institutions,
 - NGOs,
 - Academic Career Services,
 - Iocal authorities.

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Counselling service



Counselling service



One-to-one sessions

- career planning
- recruitment process
- application documents
- first job experience
- balance of skills and knowledge
- FRIS® Style of Thinking and Style of Acting

FRIS® Style of Thinking and Style of Acting

- diagnostic-developmental tool
- Polish, practical, simple
- cognitive learning styles

Managers/team leaders HR Career counsellors Coaches Training comapnies





4 COGNITIVE PERSPECTIVES

ONS

STRUCTURES





FRIS®







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Postgraduates PhDs



Information center





- Student/graduate section
- Company section
- BLOG
- English section
 - student/graduate
 - company



- programms
- competitions
- information about valuable development events





105 474 135 Posty Obserwujący Obserwowani

Biuro Karier UAM O Uniwersytet im. Adama Mickiewicza w Poznaniu O https://www.facebook.com/ biuro.karier.uam... więcej



Since October 2020

- AMU Careers Service events
- our offer
- motivational quotes
- useful tools CV photo online editor
- particular recruitment (student organizations only)
- EU Careers Ambassadors promotion
- Christmas callendar made by our interns

editor t organizations only) notion our interns

JOBTEASER

since January 2020 our new main Career Portal

- job/internship offers
- companies
- students/graduates database
- newsletter
- reading room
- CV database

AMU CAREERS SE	RVICE		Dashboard	Companies	Jobs	Advice	Events	Knowledge Cente	r Appointment	ts (2)
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Recru	itment session	FU U	EBRUARY 202	on JobTease		17		Go to event		

- session)
- events + possibility to register

STATISTICS

• meetings (possibility to register for counselling)











Marco helps to:

- identify career interests

A detailed report at the end

discover motivations towards specific career branches better communicate their ambitions and expectations

Our actions - before Covid



Career Fair

Academy of Development

November Since 1998 Direct access to candidates Many trainings and workshops Around 30-40 exhibitors Around 2000 students









May Pilot edition 2013 – 10 exhibitors, about 1 500 visitors

dedicated to students and graduates who speak foreign languages



trainings and workshops

job opportunities in Poland and abroad



A day with AMU Careers Service at chosen faculties

- CV Point
- leaflets
- catalogues
- employers/specialists
- make-up/photo stand

Meetings with employers

Information and recruitment meetings in our facility or company's premises

Took place:

- during the events
- independently







Supporting external Career Fair

- AIESEC
- Career Expo
- International Job Days by EURES
- AMU department events

Friday CV Point

- two hours every week
- no registration required

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Our actions - presently



Development weeks 2021 - webinars -

January development week

7 webinars almost 280 participants

Spring development week (March)

10 webinars almost 400 participants (May/country-wide event) 10 webinars almost 200 participants The Magic of Success (November/December)

21 webinars over 425 participants

The Career Game





participant since academic year 2015/2016 9 student Ambassadors at AMU until today



EU CAREERS student ambassadors programme



Internship at our Careers Service

- 3 interns for academic year 2021/2022
- approx. 4-6 persons per year

Sample tasks:

- trial webinar + our team feedback
- articles for JobTeaser reading room
- short videos: e.g. how to operate an account on JobTeaser platform

Hundreds of our student Ambassadors during Career Fairs



Cooperation







COMPANIES

INSTITUTIONS



LOCAL AUTHORITIES



NGOs



LOCAL MEDIA

Informal organizer of Academic Careers Services network in Wielkopolska voivodeship



Workshops



Lectures



Tools





'Write your own book, instead of reading someone else's book about success'.

— Herb Brooks —

bkarier@amu.edu.pl





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