

# Welcome to our Careers Service 2022



ADAM MICKIEWICZ  
UNIVERSITY  
IN POZNAŃ

Careers Service





# Our mission

The Careers Service at Adam Mickiewicz University was set up in 1997 to:

- help students and graduates in planning careers appropriate to their aspirations and qualifications,
- stimulate their activity in seeking a satisfying employment.



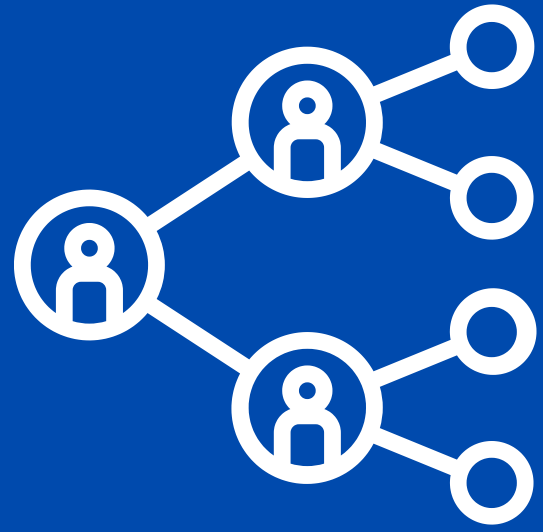


# History

- AMU Careers Service was established in July 1997 at the initiative of the University President and the Provincial Labour Office,
- an independent organizational unit,
- modelled on British Careers Services,
- one of the first three academic Careers Services in Poland.



# Our team



manager

administration specialist

4 career counsellors  
(2 half-time)

referent  
(half time)





# Functions

- **Counselling service** offering advice and assistance to students and graduates in choosing their career path.
- **Information center:** about job market, preferences and requirements of employers, about knowledge and skills required from students and graduates, valuable events.
- **Job offers center:** jobs, internships and volunteering.
- **Cooperation center:**
  - companies/employers,
  - institutions,
  - NGOs,
  - Academic Career Services,
  - local authorities.





# Counselling service





# Counselling service



## One-to-one sessions

- career planning
- recruitment process
- application documents
- first job experience
- balance of skills and knowledge
- **FRIS®** Style of Thinking and Style of Acting



# FRIS®

## Style of Thinking and Style of Acting

- diagnostic-developmental tool
- Polish, practical, simple
- cognitive learning styles

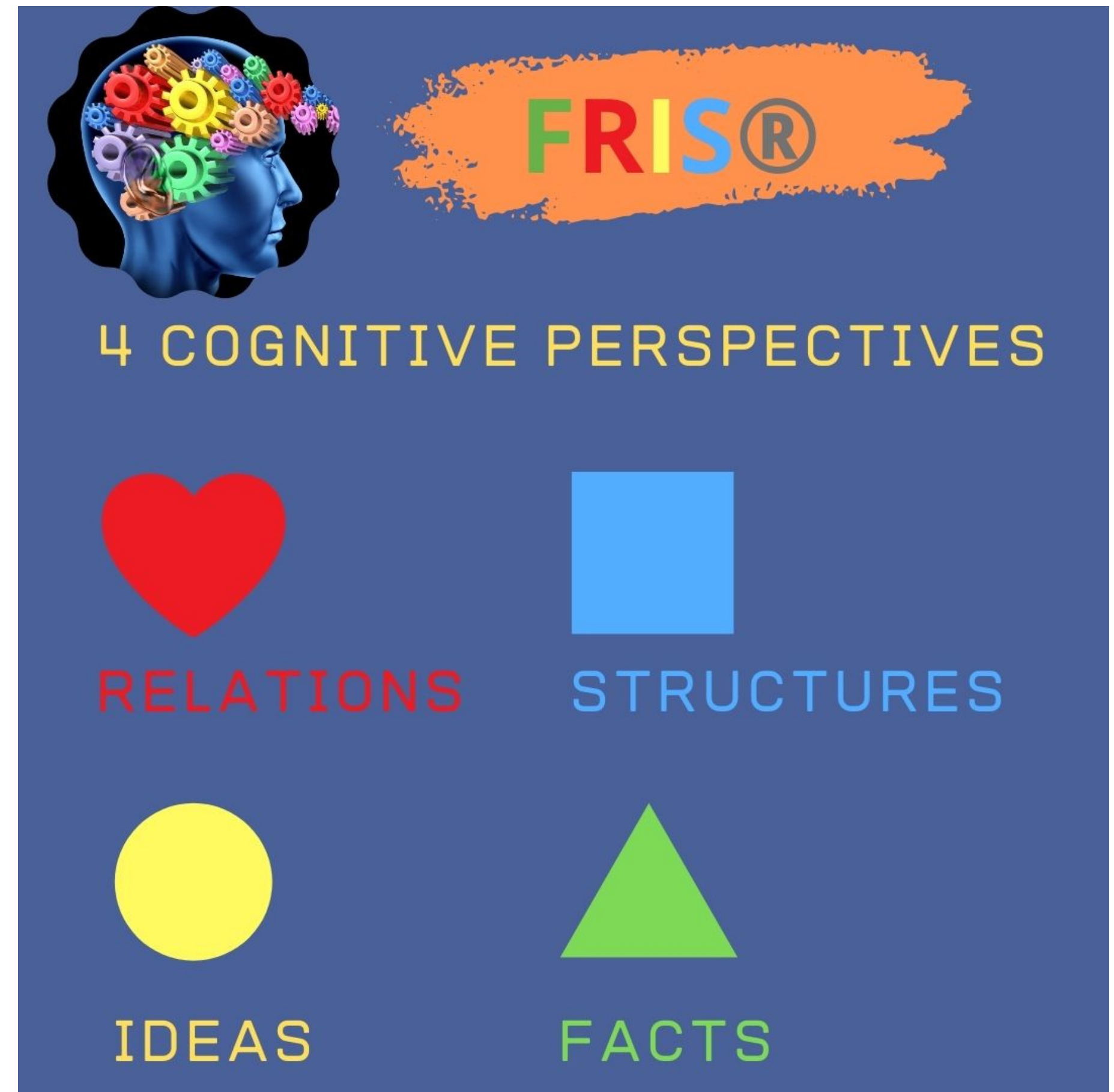
Managers/team leaders

HR

Career counsellors

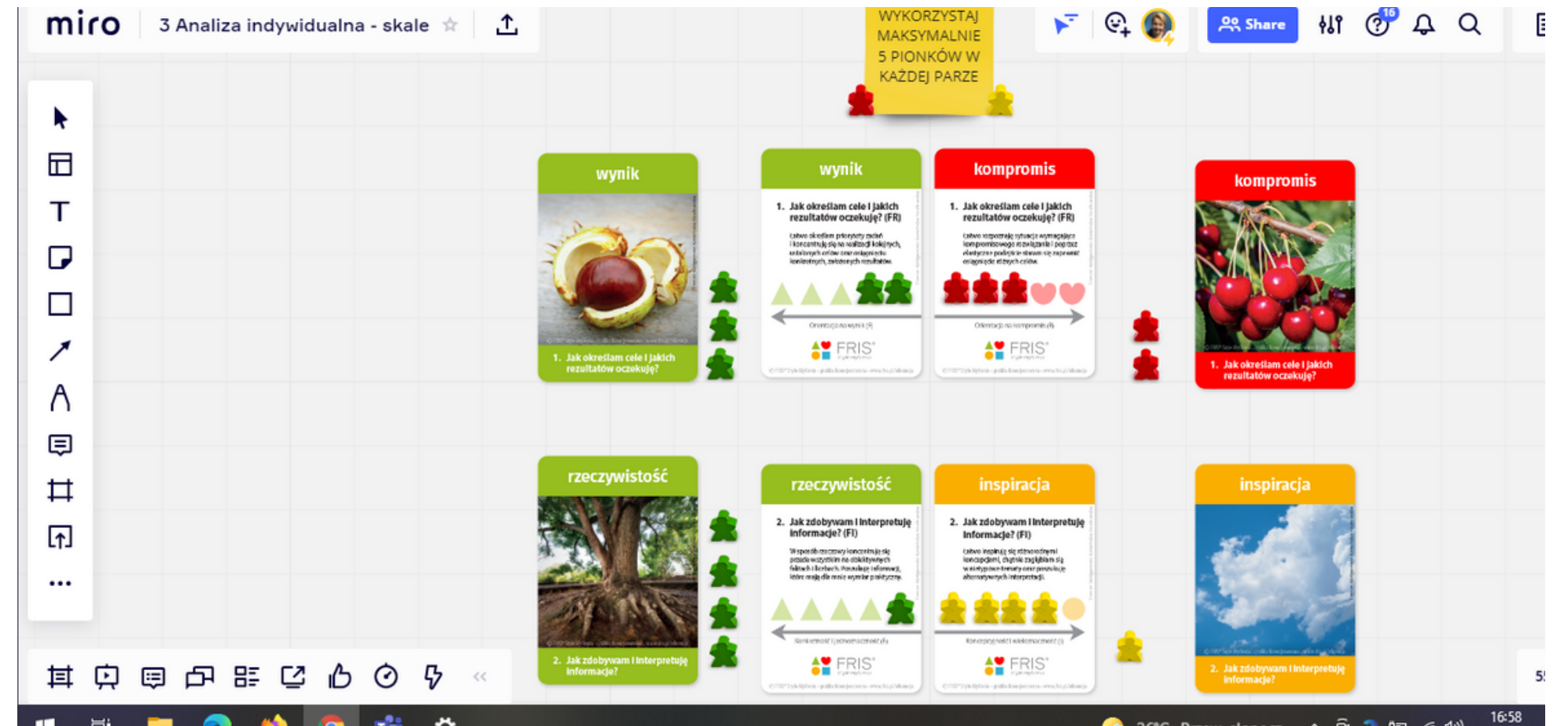
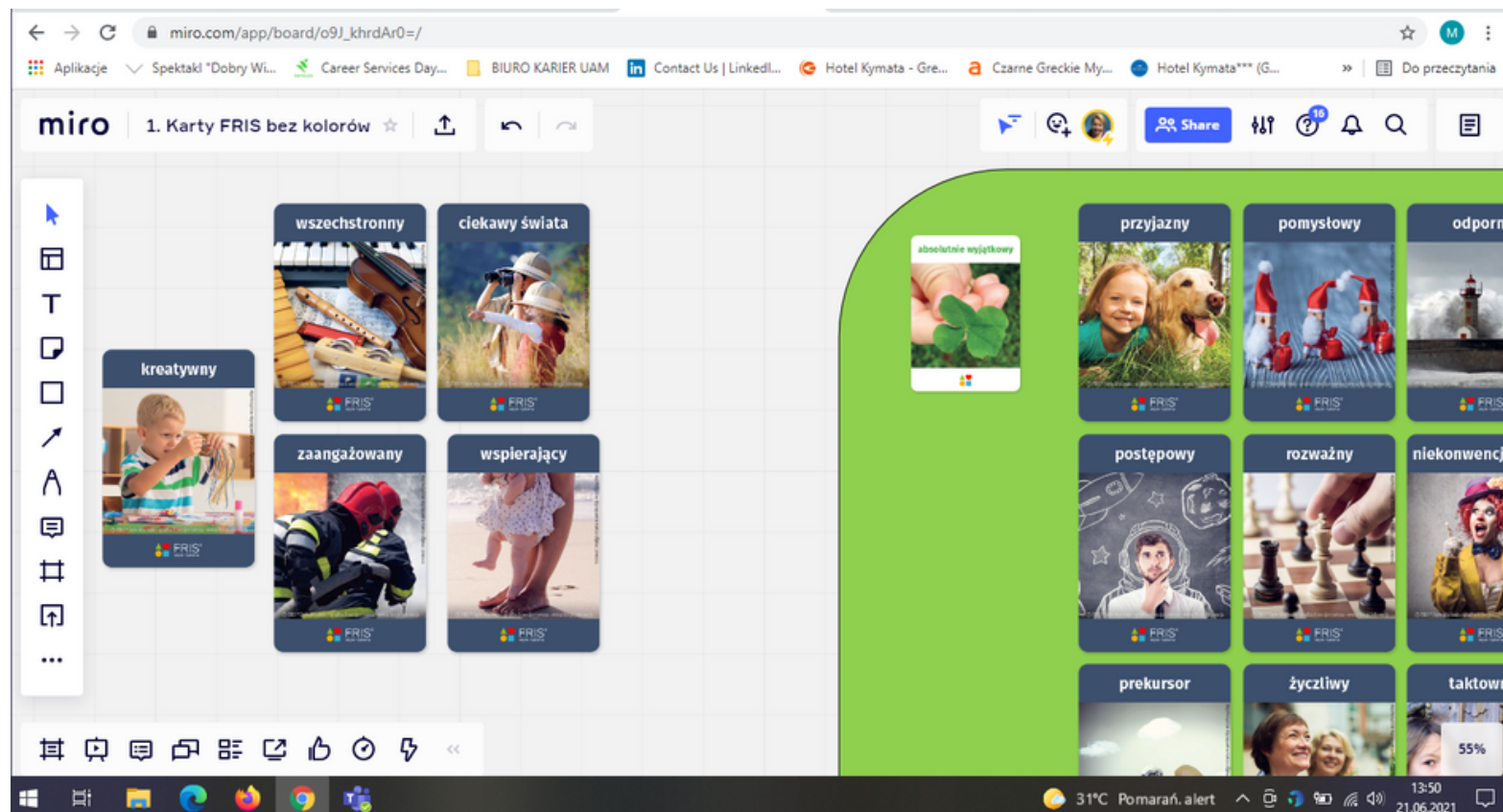
Coaches

Training companies

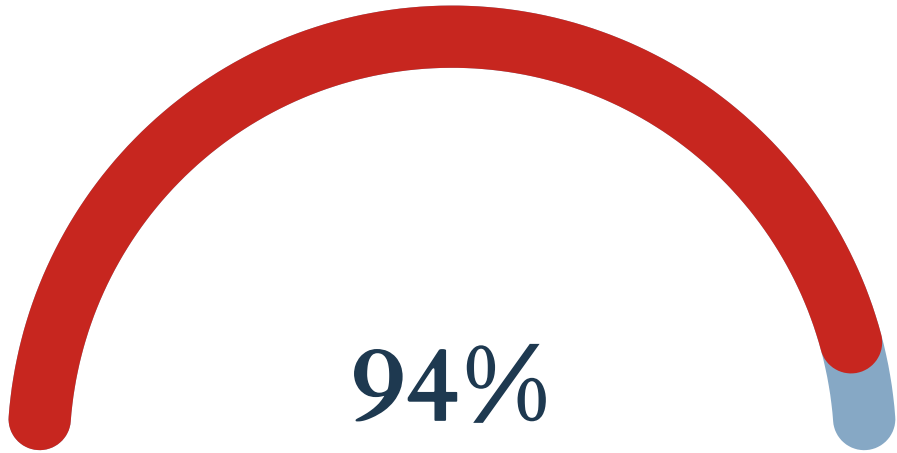




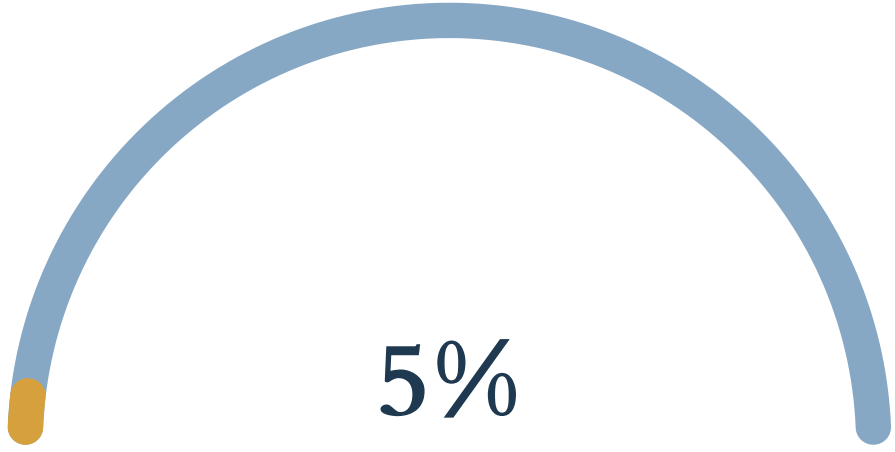
# FRIS®



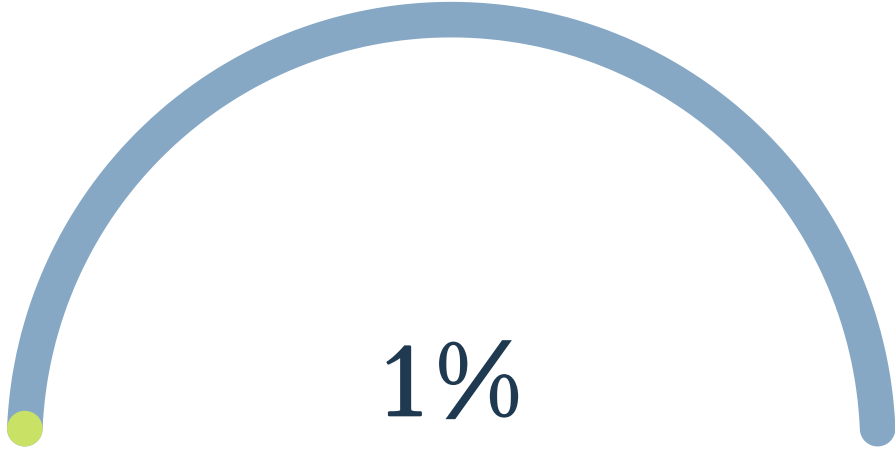
Target



**Students**



**Graduates**

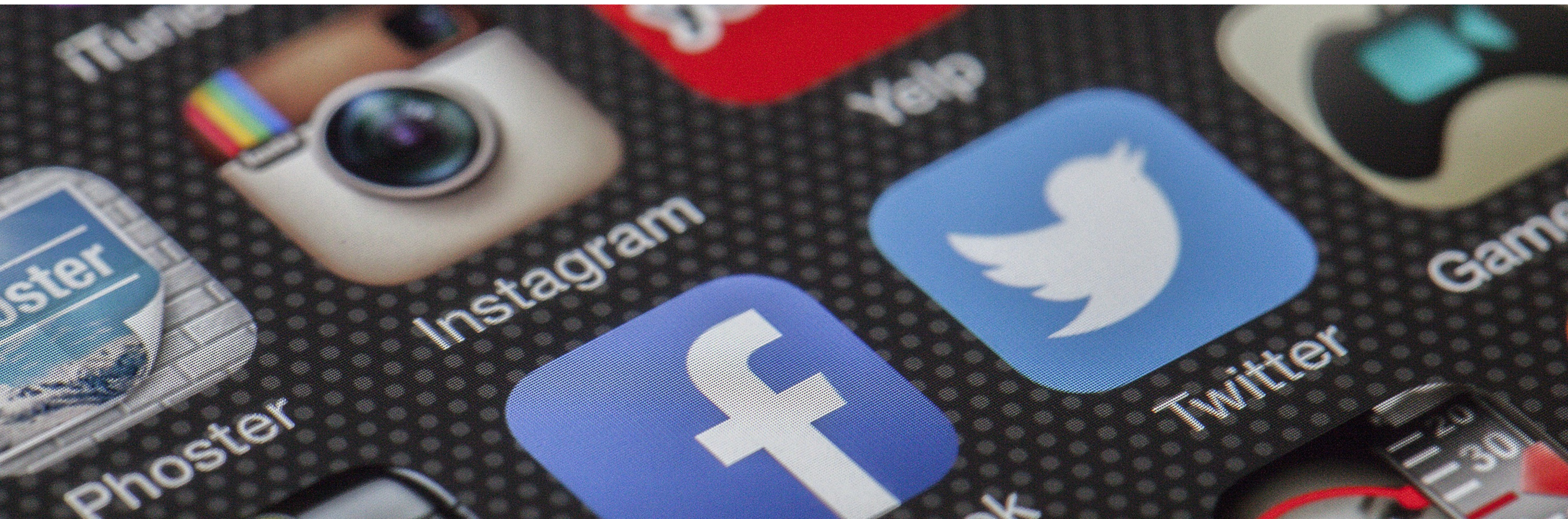


**Postgraduates  
PhDs**





# Information center







- Student/graduate section
- Company section
- BLOG
- English section
  - student/graduate
  - company



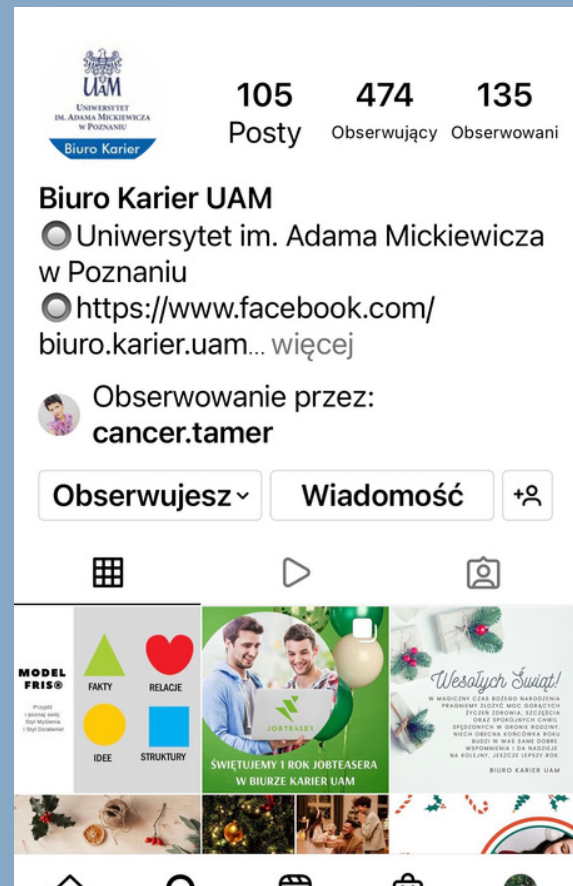
- programmms
- competitions
- information about valuable development events





Since October 2020

- AMU Careers Service events
- our offer
- motivational quotes
- useful tools - CV photo online editor
- particular recruitment (student organizations only)
- EU Careers Ambassadors promotion
- Christmas callendar made by our interns

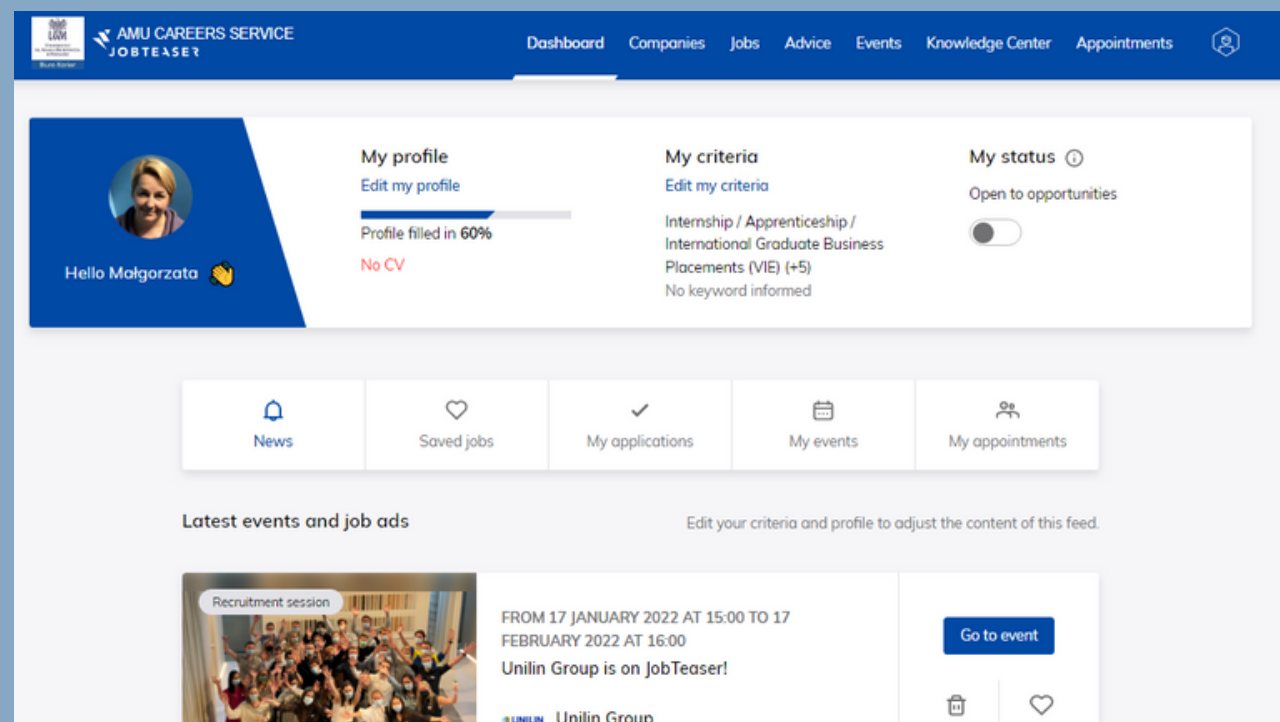






since January 2020 our new main Career Portal

- **job/internship offers**
- companies
- students/graduates database
- newsletter
- reading room
- CV database



- meetings (possibility to register for counselling session)
- events + possibility to register





**Marco** helps to:

- identify career interests
- discover motivations towards specific career branches
- better communicate their ambitions and expectations

A detailed report at the end



# Our actions – before Covid





# Career Fair

## Academy of Development

*November*

Since 1998

Direct access to candidates

Many trainings and workshops

Around 30-40 exhibitors

Around 2000 students



## 'Career on languages'

*May*

Pilot edition 2013 –

10 exhibitors,  
about 1 500 visitors

dedicated to students  
and graduates who  
speak foreign languages

trainings and workshops

job opportunities in  
Poland and abroad





## A day with AMU Careers Service at chosen faculties

- CV Point
- leaflets
- catalogues
- employers/specialists
- make-up/photo stand

## Meetings with employers

Information and recruitment meetings in our facility or company's premises

Took place:

- during the events
- independently





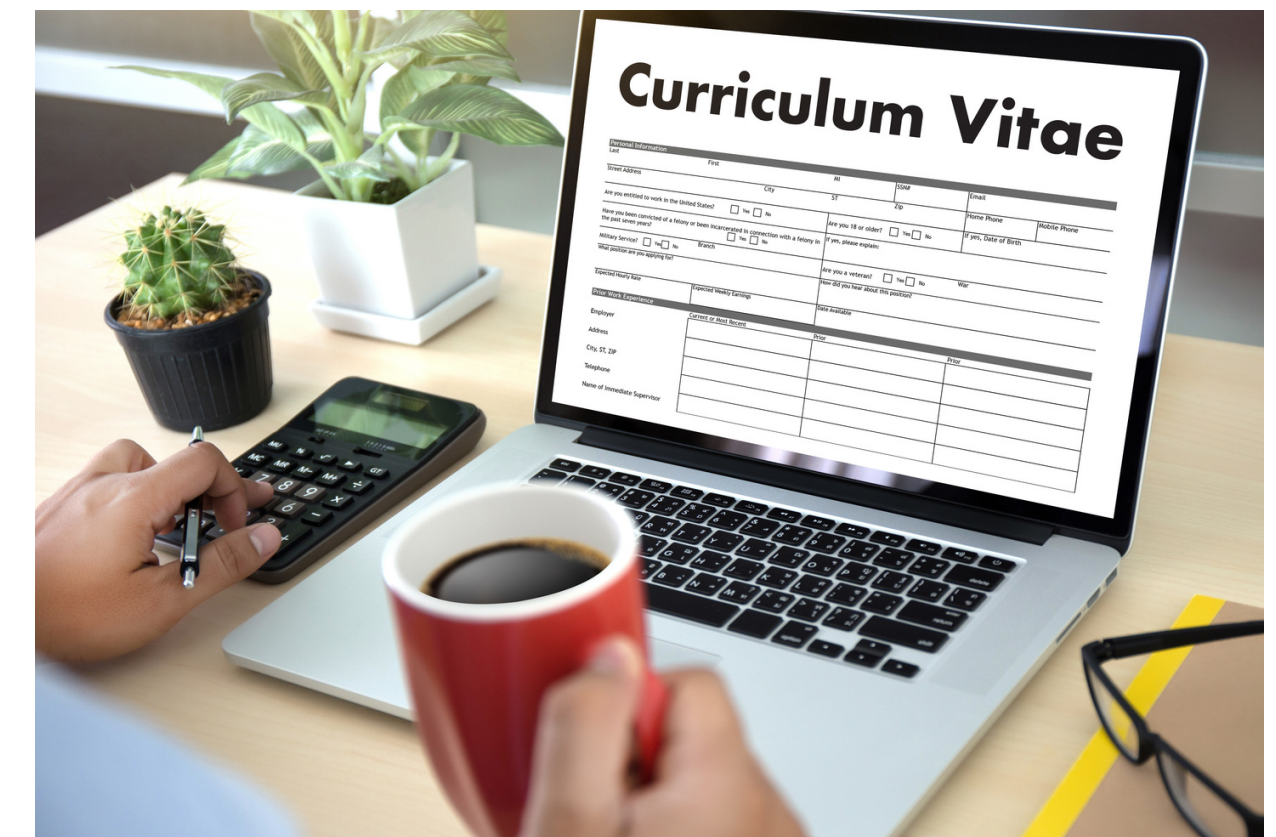


## Supporting external Career Fair

- AIESEC
- Career Expo
- International Job Days by EURES
- AMU department events

## Friday CV Point

- two hours every week
- no registration required





# Our actions - presently





# Development weeks 2021

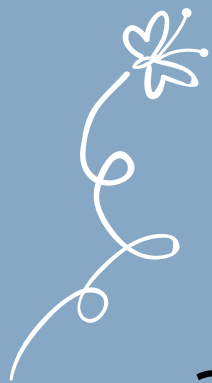
## - webinars -

### January development week



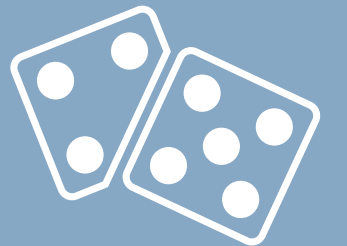
7 webinars  
almost 280 participants

### Spring development week (March)



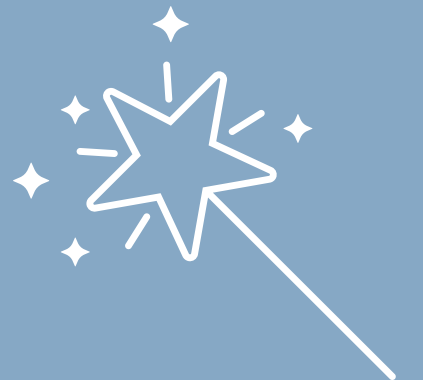
10 webinars  
almost 400 participants

### The Career Game (May/country-wide event)



10 webinars  
almost 200 participants

### The Magic of Success (November/December)



21 webinars  
over 425 participants



- participant since academic year 2015/2016
- 9 student Ambassadors at AMU until today



# EU CAREERS student ambassadors programme





# Internship at our Careers Service

- 3 interns for academic year 2021/2022
- approx. 4-6 persons per year

## Sample tasks:

- trial webinar + our team feedback
- articles for JobTeaser reading room
- short videos: e.g. how to operate an account on JobTeaser platform

**Hundreds of our student  
Ambassadors during Career Fairs**





# Cooperation







COMPANIES



INSTITUTIONS



NGOs



LOCAL AUTHORITIES



LOCAL MEDIA



# Informal organizer of Academic Careers Services network in Wielkopolska voivodeship

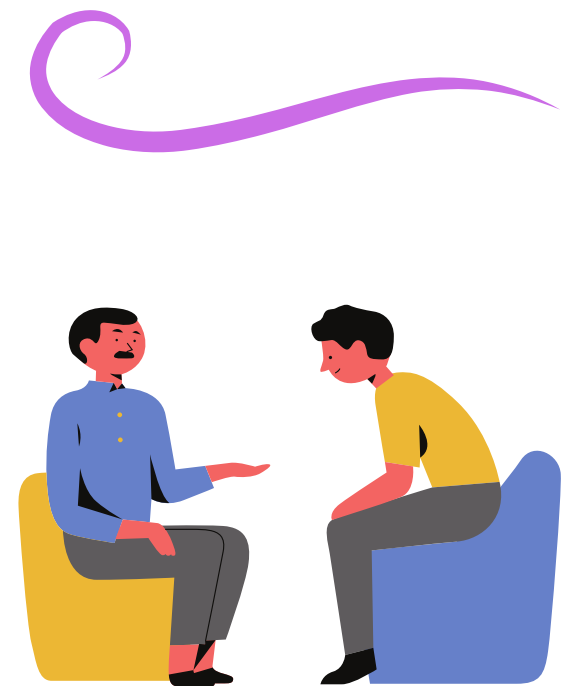
Lectures



Workshops



Tools





'Write your own book,  
instead of reading someone else's book about success'.

— *Herb Brooks* —



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