



Summer School

"Physical Culture and Sport in the higher education system"



24 September 2023- 30 September 2023

UNIwersytet JUTRA II
- zintegrowany program rozwoju Uniwersytetu im. Adama Mickiewicza w Poznaniu
POWR.03.05.00-00-Z303/18





About the University

Adam Mickiewicz University is the major academic institution in Poznań and one of the top Polish universities. Its reputation is founded on tradition, the outstanding achievements of the faculty and the attractive curriculum. The mission of the University is to advance knowledge through high-quality research and teaching in partnership with business, professions, public services and other research and learning providers.

20

Faculties

4

Branches

13567

Newly enrolled students

32100

Students in traditional and extramural programmes

1168

Doctoral students

764

Participants in postgraduate courses

125

Degree programmes

3006

Academic staff

2282

Administrative staff

242

Specialisations

36

Postgraduate courses

241

Science clubs

4624

Publications

860

Research projects worth over PLN 1.305 billion

772

International students





Universities participating in the Summer School

- > Borys Grinchenko Kyiv University
- > National University of Kyiv-Mohyla Academy
- > Petro Mohyla Black Sea State University
- > National University of Ostroh Academy
- > Khmelnytskyi National University
- > Igor Sikorsky Kyiv Polytechnic Institute
- > Lesya Ukrainka Volyn National University
- > Hryhorii Skovoroda University in Pereiaslav
- > Vasyl Stefanyk Precarpathian National University
- > H.S. Skovoroda Kharkiv National Pedagogical University
- > V. N. Karazin Kharkiv National University
- > Vasyl' Stus Donetsk National University
- > Lviv Polytechnic National University
- > Kherson State University
- > Pavlo Tychyna Uman State Pedagogical University
- > Sumy State University
- > Sumy Makarenko State Pedagogical University
- > Alfred Nobel University
- > Yuriy Fedkovych Chernivtsi National University
- > National Academy of Internal Affairs
- > Oles Honchar Dnipro National University
- > Vinnytsia Mykhailo Kotsiubynskyi State Pedagogical University
- > Odesa I.I.Mechnikov National University



AGENDA



UNIwersytet im. Adama Mickiewicza w Poznaniu
UNIwersytet Jutra II - POWR.03.05.00-00-Z303/18

PHYSICAL CULTURE AND SPORT IN THE HIGHER EDUCATION SYSTEM

Dębina Palace, 24-30.09.2023

PROGRAM

Sunday, 24.09

Arriving, accommodation

Monday, 25.09

- 10:00-10:15 Official opening / *Ms. Joanna Barszcz, Prof. Rafał Dymczyk, dr Kostiantyn Mazur*
- 10:15-12:00 Presentation of Adam Mickiewicz University / *dr Kostiantyn Mazur*
- 12:00-13:00 Networking & academic team building
- 13:00-14:30 Presentation of EPICUR Consortium / *dr Kostiantyn Mazur*
- 14:30-16:00 Interdisciplinary on the own example / *dr Kostiantyn Mazur*

Tuesday, 26.09

- 10:00-11:30 Polish sport's organization system / *mgr Łukasz Stypa*
- 11:30-13:00 Building the marketing value of the discipline and sports results / *mgr inż Damian Lisiecki / mgr Łukasz Stypa*
- 13:00-14:30 Volleyball vs beach volleyball development and differences / *Mgr Damian Lisiecki*
- 14:30-16:00 Beach volleyball demonstration training in practice / *mgr inż Damian Lisiecki / mgr Łukasz Stypa*

Wednesday, 27.09

- 10:00-11:30 Physical Culture organization system at Universities in PL / *Mgr Łukasz Stypa*
- 11:30-13:00 Organization of inter-university sports competition at the national and international level / *mgr inż Damian Lisiecki / mgr Łukasz Stypa*
- 13:00-14:30 Beach volleyball tournament
- 14:30-16:00 Meeting with UAM authorities
- 21:00 Camp fire

Thursday, 28.09

- 10:00-11:30 Lecture meeting with the Olympians: Łukasz Nowak, Karolina Nadolska
- 11:30-13:00 visiting UAM sports facilities
- 13:00-16:00 Sports competitions (suggestion: table tennis, team games, swimming pool, darts), fitness classes or functional training)

Friday, 29.09

- 10:00 Visit at the University
- 12:00 Poznan City Tour
- Departure

Saturday, 30.09

Arrival to Ukraine

Breakfast time: 08:00-09:00;

Lunch time: 17:30



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Subject coordinators

Prof.

Rafał Dymczyk

Head of the Centre for Filipino Studies and the Interdisciplinary Humanities Research Unit. An avid traveller and lecturer in tourism subjects at Adam Mickiewicz University in Poznań. For many years, he worked as a tour guide on various continents.



PhD

Kostiantyn Mazur

A Specialist at the International Relations Centre, associated with AMU since 2017. Privately passionate in organising trips to Iceland, Ukraine, Kazakhstan and the Balkans. Enthusiast of landscape and travel photography.



Subject coordinators

Master of Engineering

Damian Lisiecki

Graduate of the Faculty of Chemical Technology, Poznań University of Technology. Vice-director of the Department of Physical Education and Sports Centre. Member of the Board of the Physical Education and Sports Centre and vice-chairman of the KU AZS club audit committee. Four-time gold medalist in beach volleyball and holder of the first volleyball coaching class.




MA

Łukasz Stypa

Senior Lecturer at the Physical Education and Sports Centre of Adam Mickiewicz University and member of the Physical Education and Sports Centre Council. Vice-president of the board of AZS





“First of all, I want to thank you for the opportunity to spend 5 days in the "security zone", where a stable, calm, planned life goes on. Where civilian planes fly in the sky, there is no statistics, no sirens, no anxiety, where the brain disconnects from everything dangerous and just lives a standard life. For me, as a person who hasn't left the country since the beginning of the full-scale invasion, it was too important and caused strange feelings.

For me, summer schools are a very cool project because representatives from different cities and different universities meet in one place, and this facilitates the exchange of interesting ideas and pushes for some ideas that could be introduced to improve the life of universities and education in Ukraine.

This project was very cool for me, first of all, because as a young university employee, I always asked myself why it is so difficult to change something, to create digitalisation, and I always answered myself logically and correctly, but here, thanks to the meeting of all generations in one place, a deeper analysis was made. But I can say that until the baby boomer and Generation X generations come to the conclusion that they either have to learn digitalisation, keep up with the times, be welcoming to Generation Z's ideas and facilitate their implementation, or, if they don't want to do this, just give Generation Z an open road. Until they decide, nothing will change, because the road is simply blocked by firefighters, police and all kinds of vehicles.

It's cool that you give us the opportunity to see how it can be, starting from scratch. Throughout my stay, ideas were created by themselves.

Today was a very impressive day, thanks to the tour of the university buildings - they are soooo beautiful - and thanks to walking through such a history-filled, iconic and beautiful building.”

~ Liliia Sliusar, Alfred Nobel University

“Dear organizers of the International Summer School "Physical Culture and Sport in the Higher Education System",


Let us express our gratitude for the opportunity to be among its participants. With profound thankfulness and great warmth we will remember the time spent in Poznan together with our colleagues from different higher education institutions of Ukraine. A profound appreciation to the kind owners of the B Mansion.....

It was an unforgettable week of intense theoretical and various practical classes, which made it possible to learn the peculiarities of organizing the educational process of students at the Adam Mickiewicz University and the development of sports in Poland.

It was a wonderful exchange of experience, an amazing possibility for professional interaction, new acquaintances, communication with specialists of different profiles.

Konstantin, I thank you from all my heart and wish you all the best! ”

~ **Elena Moroz, Yuriy Fedkovych Chernivtsi National University**



“I express my gratitude for the organization, hospitality, and opportunity for our students and teachers to participate in the Summer School of the Rector of Adam Mickiewicz University, Professor, Doctor Habilitated Bogumil Kanevski, Vice-Rector for International Cooperation, Professor, Doctor Habilitated Rafal Vitkovsky, Doctor and International Department staff member Konstantin Mazur, incredible lecturers, and athletes mgr inż Damian Lisiecki, mgr Łukasz Stypa, Łukasz Nowak, Karolina Nadolska. The time spent at the school was extremely enriching; participants were allowed to attend interesting lectures, discuss important topics in our shared history, enhance their knowledge about Poland's path to European integration, stroll through the streets of Poznań, and showcase their skills during a friendly beach volleyball tournament! Once again, I sincerely thank the Polish people for their support of Ukraine!”

~ **Liudmyla Vashchuk, Lesya Ukrainka Volyn National University**



“I am writing to express my gratitude for the opportunity to take part in the Summer School "Physical Culture and Sport in the Higher Education System". Both theoretical and practical classes, meetings and workshops contained a lot of useful information and new knowledge. Everything was organised at the highest level from accommodation, food, entertainment, and transport to the Sommer School itself.
It was a very fruitful experience I will definitely use in the future.

Special gratitude is to Dr Kostiantyn Mazur for the high quality of classes and for sharing his knowledge and skills.”

~ **Maksym Lohvynenko, National Academy of Internal Affairs**





The summer school "Physical Culture and Sport in the higher education system" was an unforgettable educational and intercultural experience, which will result in close cooperation between Ukrainian universities Adam Mickiewicz University, Poznań and European University Viadrina.

