



Department of Physical Education at Adam Mickiewicz University





Sport Facilities

Website: <https://swfis.amu.edu.pl>



<https://www.facebook.com/swfisuam/>





Tram 3, 10, 12, 15 + Bus T12 change @ Armii Poznań stop



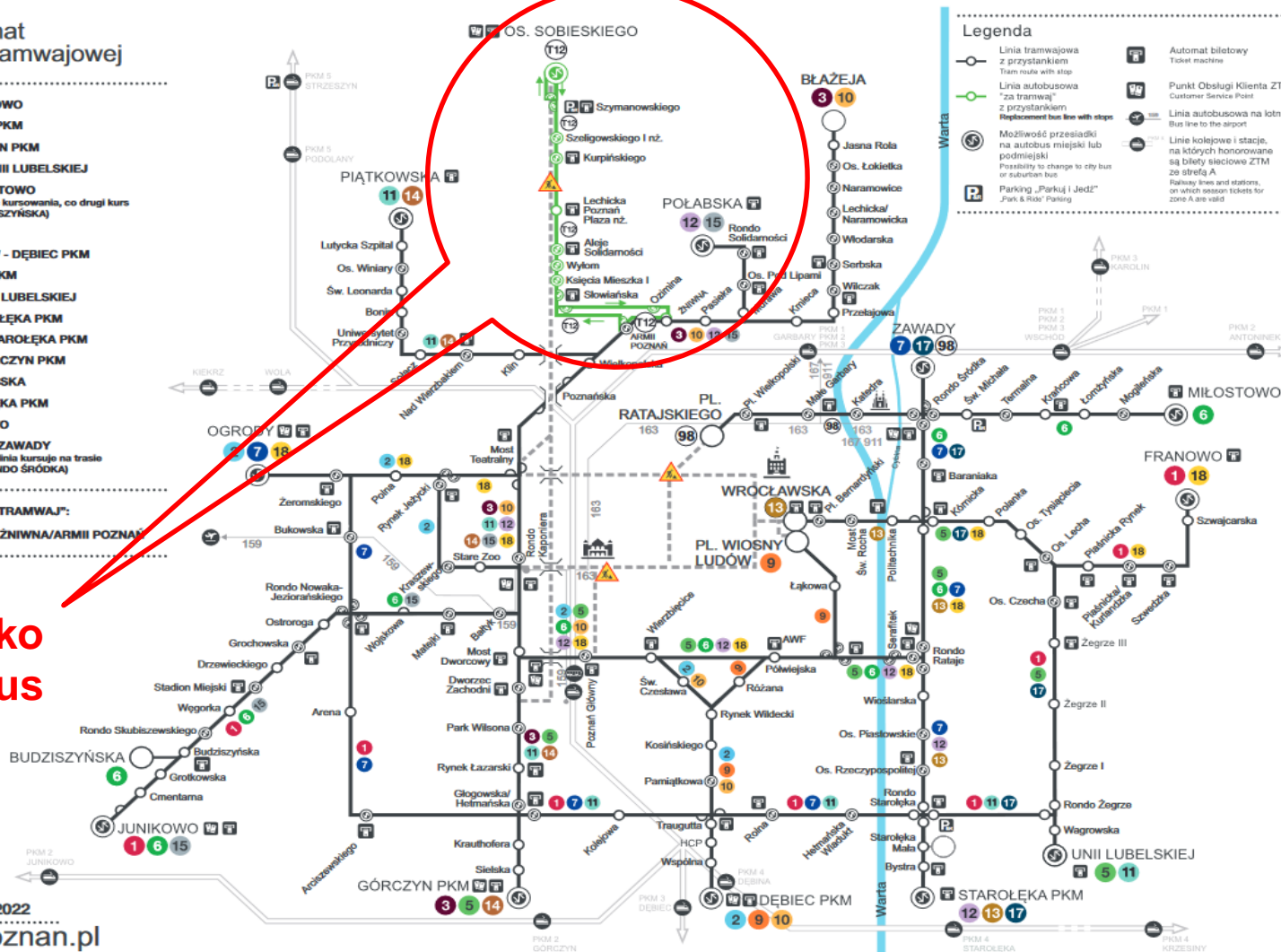
Schemat sieci tramwajowej

- 1 JUNIKOWO - FRANOWO
- 2 OGRODY - DĘBIEC PKM
- 3 BŁĄŻEJA - GÓRCZYN PKM
- 5 GÓRCZYN PKM - UNII LUBELSKIEJ
- 6 JUNIKOWO - MIŁOSTOWO (podwójna częstotliwość kursowania, co drugi kurs skrócony do pętli BUDZISZYŃSKA)
- 7 OGRODY - ZAWADY
- 9 PL. WIOSNY LUDÓW - DĘBIEC PKM
- 10 BŁĄŻEJA - DĘBIEC PKM
- 11 PIĄTKOWSKA - UNII LUBELSKIEJ
- 12 POŁABSKA - STAROLEKA PKM
- 13 WROCŁAWSKA - STAROLEKA PKM
- 14 PIĄTKOWSKA - GÓRCZYN PKM
- 15 JUNIKOWO - POŁABSKA
- 17 ZAWADY - STAROLEKA PKM
- 18 OGRODY - FRANOWO
- 98 PL. RATAJSKIEGO - ZAWADY (w dniach 01-02.10.2022 linia kursuje na trasie PL. WIELKOPOLSKI-RONDO ŚRÓDKA)

LINIE AUTOBUSOWE „ZA TRAMWAJ”:

- T12 OS. SOBIESKIEGO - ŻNIWNA/ARMII POZNAŃ

**To: Morasko
Campus**





Bus Line 198 or 188

AMU Sports Center and
Swimming Pool





Sport Center UAM





Sport Facilities





Sport Facilities





Sport Facilities





Sport Facilities





Sport Facilities





Sport Facilities





Sport Facilities





Sport Facilities





Physical Education

We offer over 30 different physical education classes.

FITNESS:

Aerobik

Body Ball

Step

Body Control

Dance

Joga

Fitness for woman





Physical Education

Team sports:

Basketball

Soccer

Volleyball

Unihockey

Swimming pool:

Swimming

Aqua aerobic

Rehabilitation swimming





Physical Education

Jogging z Nordic Walking

Judo

Self Defence

Fencing

Badminton

Table tennis

Tenis

Gym

Therapeutic gymnastics

Rehabilitation classes

Theoretical classes





Sports Center in English

For international students we offer the following classes:

Health Fitness

Gym

Jogging

Pilates

Swimming

Team Games

informations : sportdepartment@amu.edu.pl



Sports Center

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