

Adam Mickiewicz University, Poznań

Poland

I feel safe here. On the street, wherever and whenever I go, I feel comfortable

Claire, France

Proud Heritage

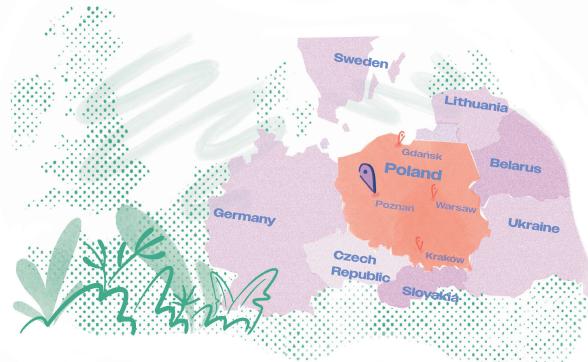
- Over 1000 years of history
- Democracy since 15 century
- Only European country with no religious persecution – guaranteed by Tolerance Act in 1573
- First Constitution Act in Europe 1791
- Voting rights for women since 1918
- First to fight the Nazis

Poland is special for its rich history, cultural heritage, delicious cuisine, beautiful landscapes, and warm hospitality

Ruslan, Uzbekistan

The towns and cities in Poland are the prettiest I've ever seen, filled which so much history and they are all so photogenic!

Clodagh, Ireland



Poznań is the very heart in the of Europe and once you're here you can easily visit other European cities

Dominic, Germany

If you're a nature lover, you will be surrounded by nature pretty much everywhere in this country - grass fields, rivers, lakes, woods, mountains, beaches...

Carmen, Spain

There are many green areas in Poznań and you can take a walk in the park whenever you need to relax. I appreciate such magical moments of connection with nature

Mengyang, China

Nature

- Sea in the North
- Mountains in the South
- 7 000 lakes almost 1% of Poland's area
- 1100 rivers
- Huge woodland area almost 30% of Poland

Economic Success

- Good governance best use of EU funds in Cetral-Eastern Europe
- Food sovereignty huge farming market
- Biggest apple producer in Europe, 3rd biggest in the world
- Attractive for investors 30 000 foreign companies investing in Poland
- Polish start-ups going global

Poland is the best country to start exploring Europe

Yulduz, Kazakhstan

National holidays in Poland

- January 1 New Year
- January 6 Epiphany
- Easter Sunday movable feast, Sunday after the first spring full moon
- Easter Monday movable feast, Monday after Easter Sunday
- May 1 Labour Day
- May 3 Constitution Day
- Whit Sunday movable feast, Sunday after Easter
- Corpus Christi Thursday 60 days after Easter
- August 15 Assumption Day
- November 1 All Saints Day
- November 11 Independence Day
- December 25 and 26 Christmas

On these day the shops are closed – do your shopping in advance!

Poznań

There are so many large parks in Poznań, and small parks all over the city! People seem to be living a nature-friendly life

Eojin, South Korea

Poznań

- Over half a million inhabitants
- 5th largest city in Poland
- 4th biggest industrial centre in Poland
- Global business and 80 000 active local busines firms
- One of the oldest cities in Poland est. 970
- European-class educational institutions

 8 major universities
- 50 town parks
- Botanical garden
- Thermal baths
- ZOO
- Palmhouse

and more...

What is special about Poland? The architecture. It is absolutely magnificent. I can spend all day walking through Poznań taking photos and never get tired of it

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Kristina, Ukraine

Around Poznań

- Greater Poland National Park
- Landscape Park "Zielonka"
- Kórnik Arboretum
- 3 lakes: Rusałka, Kierskie, Tuczno



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Tips & Trivia

As long as it is daytime, you can always say "Dzień dobry" to greet somebody, no matter if it is in the morning or in the afternoon

Carmen, Spain

Advice

- Tram has priority on the road, watch out!
- Don't take a taxi, public transport in Poznań is cheap and safe
- Check your student email daily
- In Poland most shops are closed on Sundays, plan ahead!

What to pack?

- Snacks and seasonings from your home country
- Photos for documents
- Board games
- Warm clothes and an umbrella
- Power converter (in Poland: 230 V / 50 Hz; plugs can also differ in shape from those in your country)
- Sleeping mask

At first sight, Polish people seem serious and distant but when you ask them for help they are really kind

Eslem, Turkiye

At AMU, for every important information you get an email

Paula, Croatia

'Polish face'

Polish people don't usually smile at strangers, they also tend to keep a neutral expression in public places but once a conversation starts they are usually friendly and helpful.

Voiceover

In Poland, dubbing in films is perceived as unnatural. Instead a voiceover is used, which might sound very strange to a person hearing it for the first time. The voiceover reads the dialogue after the line spoken in the original language, doing so with a calm and subdued voice. It sound like a narrative of nature programs in other countries.

'Thank you' meaning 'no'

In Polish, the word "dziękuję" ('thank you') often serves as a polite form of refusal. For example, in this dialogue below 'thank you' will be interpreted by a Polish person as a refusal: "- Do you need a tissue?

- Thank you"

Universal "Dzień dobry"

Unlike in many other countries, there is no phrase analogous to 'good afternoon' or 'good morning' in Poland. Both of these phrases are lumped together in one "Dzień dobry" ['dźɛɲ 'dɔbrɨ], with which Polish people greet each other in the morning and afternoon, only to be replaced in the evening by "dobry wieczór" ['dɔbrɨ 'vʲjɛtʃur].

New Polish Christmas tradition: watching 'Home Alone'

'Home Alone' (Polish: Kevin sam w domu) is an American comedy from the 1990s. It has been in Polish television every year since 2000. When in 2010, the TV station holding the rights to the film (Polsat) wanted to cancel the annual broadcast, a wave of protests flooded the internet. People were sending petitions and creating Facebook groups and fanpages, with names such as: 'Polsat killed Christmas - there will be no 'Kevin' this year'. Eventually, the film aired and is still watched in many Polish homes every Christmas.

Adam Mickiewicz University, Poznań

Don't hesitate to say hello to other students. It is easy to socialize at AMU

Ömer, Turkey

The curriculum is very rich!

Xiaoxi, China

The teachers at AMU are very kind and helpful

Fusuke, Japan

• One of the top 3 universities in the country

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- Founded in 1919
- Public university
- 21 in-town faculties
- 4 out-of-town campuses Kalisz, Piła, Słubice, Gniezno
- 38 000 students
- 1500 doctoral students
- 3 000 teaching staff
- 80 nationalities
- Over 200 professional specializations

The lectures are challenging, brain teasing, and I love them!

Mar, Portugal

AMU Campuses

Physics Biology Geographical and I'm fascinated by the super Ogrody Campus **Geological Sciences** modern university buildings! **Educational Studies** Mathematics and . Anthropology and **Computer Science** . **Political Science** Gloria Lucia, Italy **Cultural Studies** Philosophy and Journalism . Sociology Chemistry . Psychology and History Morasko campus is amazing! **Cognitive Science** Archaeology Human Geography Ketevan, Georgia **City Centre Campus** Modern Languages What surprised me at AMU? and Literatures The beautiful university English Polish and buildings – I am so happy Classical Philology that I have some classes Law and Administration at Collegium Maius Arts Studies Theology Fanny, Sweden Ethnolinguistics 0 **AMU Branches** Institute of European Culture in Gniezno ()**Collegium Polonicum** Słubice Pedagogy and Fine Arts in Kalisz AMU Nadnotecki Institute in Piła

Morasko Campus

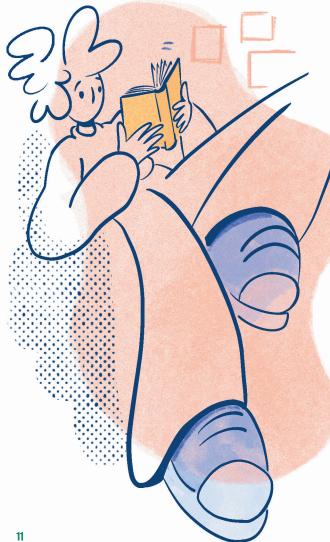
Check out our dorms

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Dormitories

My advice for people coming to Poland: stay in a dormitory. You can make friends very quickly

Jaime, Spain



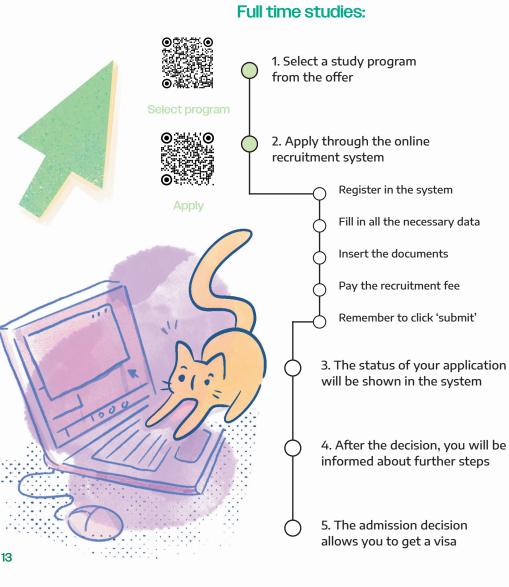


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Coming to AMU

Procedures may seem complicated at first glance, but if you follow the instructions you'll get things done quickly

Mara, Spain





AMU homepage



Event Calendar

Exchange Programs:

In the case of exchange programs, a lot depends on which program you apply for and what the rules of your home university are.

Contact us

- Erasmus program
 erasmus@amu.edu.pl
- Non-Erasmus exchange programs bilateral@amu.edu.pl
- Degree Programs
 amuoes@amu.edu.pl
- Doctoral School doctoralschool@amu.edu.pl
- General inquiries
 welcome@amu.edu.pl

1. Check the information at your home university and follow the instructions



2. At some point you will need to fill in an online application

Register in the system

Fill in all the necessary data

Select courses from the offer

Upload documents

Remember to click 'submit'

3. The status of your application will be shown in the system

4. After the decision, you will be informed about further steps



Definitely choose AMU!

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This guide was prepared as a part of the project 'AMUnet' PPI/WTP/2022/1/102/U/00001. The Project is financed by the Pollsh National Agency for Academic Exchange NAWA in the frame of the 'Welcome to Poland' program.



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